

BY THE GLASS 5 oz | BOTTLE

* Ask about our bin ends

WHITE SELECTIONS

Pinot Grigio DOC
Dissegna 2020 | \$12 | \$60
Veneto, Italy
Organic

Riesling VQA Tawse
Quarry Road 2019 | \$14 | \$75
Beamsville Bench, Niagara Ontario
Organic, Vegan

Chablis Grand Cru
Guillaume Vrignaud 2016 | \$16 | \$85
Burgundy, France
Organic

Chardonnay Pearl Morissette
Flammerole 2019 | \$16 | \$85
Niagara, Ontario

Sauvignon DOC
Pian Craie 2019 | \$19 | \$95
Piemonte, Italy

Vinho Verde
Aphros Loureiro 2014 | \$80
Ponte de Lima, Portugal
Organic, Biodynamic

Friulano
Visintini 2019 | \$95
Corno di Rosazzo, Italy
Organic

Capolemole Bianco
Marco Carpineti 2019 | \$95
Cori, Italy
Organic

RED SELECTIONS

Grande Réserve Pinot Noir
Château Haut-Blanville | \$13 | \$65
Saint-Pargoire, France
Organic, Vegan

Cabernet Sauvignon
Fattoria Teatina 2018 | \$14 | \$70
Abruzzo, Italy
Organic

Chianti DOCG
Fattoria Montecchio | \$14 | \$70
Tuscani, Italy

Rosso Infinito
Maeli 2018 | \$15 | \$75
Baone, Italy
Organic, Vegan

Biga de Luberri Crianza D.O.Ca
Familia Monje Amestoy, 2019 | \$110
El Ciego, Spain

Ripasso
Tasi 2017 | \$17 | \$110
Verona, Italy

Casino delle Vie
Il Palagio 2018 | \$120
IGT, Toscana, Italy

Cannonau di Sardegna DOC
Silvio Carta 2020 | \$120
Sardinia, Italy
Organic

Cabernet Sauvignon Terroir Series
Revanna Estate 2018 | \$180
St. Helena, Napa Valley, California
Organic, Biodynamic

SPARKLING & ROSE

Prosecco DOC
Dissegna 2020 | \$12 | \$65
Veneto, Italy
Organic

Tenuta Santomè Rosé | \$12 | \$50
Roncade, Italy
Certified sustainable quality

Orchard Blend Cider 2020 | \$45
Lincoln County Cider
Beamsville, Ontario
Unfiltered, Vegan

Lambrusco
Ferrarini 2019 | \$12 | \$60
Emilia Romagna, Italy
Organic

Vineyard Series Cider 2020 | \$45
Lincoln County Cider
Beamsville, Ontario
Unfiltered, Vegan

Champagne LeClerc Briant | \$180
Brut Reserve NV
Epernay, France
Organic, Biodynamic, Vegan

NON ALCOHOLIC WINE

JUKES, 0% wine, red or white, sparkling or flat | 5oz | \$15

ESSENCE

BISTRO

Non alcoholic option available for all our cocktails | 0% | \$12

SIGNATURE COCKTAILS



ISLA BONITA | 1.5oz | \$15
Vodka, St. Germain, watermelon kombucha
gooseberry soda, roasted pineapple

ESSENCE MARGARITA | 1.5 oz | \$15
El Jimador Tequila, triple sec, orange juice,
cilantro salt, lime



TAMARIND MARGARITA | 1.5 oz | \$15
El Jimador Tequila, triple sec, tamarind
syrup, lime and orange juice,
sweet and salty chili



BLUEBERRY MOJITO | 1oz | \$15
Rum, blueberry compote,
lime juice, mint, agave syrup

PERA PERFECTA | 3oz | \$16
Dillon's gin, St. Germain, prosecco,
pear infused



OLD FASHIONED MEXICANA | 2oz | \$16
Tequila, mezcal, agave nectar, bitters,
smoke volcano

SEASONAL G+T | 1.5oz | \$15
Dry gin, St. Germain, Ontario fruit



ESSENCE CAESAR | 1oz | \$15
Vodka, Essence garden mix,
fresh tomato juice, pickle juice,
Worcestershire, Tabasco

NEGRONI "EL FORAGER" | 1.5oz | \$23
Dillon's gin, sweet vermouth, bitters,
fat washed, mushrooms, pine needles,
cherry oak smoke



FIRE AND ICE | VG | 1.5oz | \$16
Brandy, Grand Marnier, coconut water,
pomegranate molasses, rose water
lime juice, aquafaba

PONCHE DE VINO | 3oz | \$16
Red wine, orange - pumpkin syrup,
apple cider, orange cordial,
pear and orange gummy



GREEN LAGUNA | 1.5oz | \$16
St. Germain, pineapple, cucumber,
lime juice, serrano, ginger, cilantro salt,
celery garnish

RED OR WHITE SANGRIA | 3oz | \$15

SPECIALTY BEER

ROTATING TAP
(5.3%) Burdock Brewery, Toronto Craft
Draft | ½ Pint \$7 | Pint \$12

DELUXE | 355ml CAN | \$8
(4%) Burdock Brewery, Toronto Craft
Lightly hopped lager brewed with
premium German malts

BLOOR LIGHT | 355ml CAN | \$8
(3.5%) Burdock Brewery, Toronto Craft
Light beer

BEET BEER | 355ml CAN | \$8
(4.5%) Burdock Brewery, Toronto Craft
A nice beer Brewed with juicy Ontario
beets

NEBRA Birra 32 | 750ml BOTTLE | \$45
8% Italian craft amber, citrus, elderflower

CORONA | 330ml | \$8

STELLA ARTOIS | 333ml | \$8

COLD BEVERAGES

KOMBUCHA | \$12
ALMA+GIL, Toronto
Alma: Yerba Mate
Gil: Lapsang Souchong
Sandra: Alma + Gil + Hibiscus
David: Yerba Mate + Simcoe Hops

ORANGE JUICE, FRESH SQUEEZED | \$12

HIBISCUS ICED TEA | \$10

MEXICAN COKE | BOTTLE | \$6

SPARKLING WATER | \$4 | \$8
Topochico | Ontario

ALKALINE STILL SPRING WATER | \$10
Play